



in Camden

MARCH 2020

Join in, feel good

Greenspace volunteering sessions open to all.
Please see reverse for contact details, location directions and meeting points. Camden Green Gym sessions are run by TCV, and the colour coded ones by community groups.



Dates	Times	Park/Site	Activity	Green Gym
Mon 02 Mar	11am-2pm	Sunnyside Community Centre	Community Garden	Islington
Tues 03 Mar	10:45am-2pm	Hampstead Cemetery	Meadow Management	Camden
Thurs 05 Mar	10:45am-2pm	Cantelowes Gardens	Meadows and Mulch	Camden
Fri 06 Mar	10:45am-2pm	Westbere Copse	Woodland Management	West Hampstead
Sat 07 Mar	10:30am-1:30pm	Oasis Garden	Food Growing Community Garden	Oasis
Sun 08 Mar	11am-2pm	Belsize Sensory Garden & Wood	Woodland Habitat Management	Belsize
Mon 09 Mar	10:45am-2pm	Sunnyside Community Centre	Community Garden	Islington
Tues 10 Mar	10:45am-2pm	Waterlow Park	Habitat Management	Camden
Thurs 12 Mar	10:45am-2pm	Kilburn Grange Park	Pond & Wildlife Habitats	Camden
Fri 13 Mar	10:45am-2pm	Westbere Copse	Woodland Management	West Hampstead
Sun 15 Mar	11am-2pm	Belsize Sensory Garden & Wood	Woodland Habitat Management	Belsize
Mon 16 Mar	10:45am-2pm	Sunnyside Community Centre	Community Garden	Islington
Tues 17 Mar	10:45am-2pm	Spedan Close	Woodland Mangement	Camden
Thurs 19 Mar	10:45am-2pm	Regent's Park	Habitat Management	Camden
Fri 20 Mar	10:45am-2pm	Westbere Copse	Woodland Management	West Hampstead
Mon 23 Mar	10:45am-2pm	Sunnyside Community Centre	Community Garden	Islington
Tues 24 Mar	10:45am-2pm	Swiss Cottage Community Orchard	Resident Garden Restoration	Camden
Thurs 26 Mar	10:45am-2pm	Regent's Park	Habitat Management	Camden
Fri 27 Mar	10:45am-2pm	Jane Evans NR	Hedgerow Planting	West Hampstead
Mon 30 Mar	10:45am-2pm	Sunnyside Community Centre	Community Garden	Islington
Tues 31 Mar	10:45am-2pm	Waterlow Park	Habitat Management	Camden



Directions and details

If you know someone who would be interested in the Green Gym, please spread the word!

Camden Green Gym (led by TCV) - Contact: gg-camden@tcv.org.uk - 07768 710 359 or 07768 421 881

Cantelowes Gardens: Meet at the North-Eastern gate of the park (Cantelowes Gardens), which is on Camden Road. Nearest station is Camden Road (overground) - turn left out of the station and continue along Camden Road, the meeting point is just past the skate park. (NW1 9AE).
Hampstead Cemetery: Meet on site, by the chapel monument in the middle of the cemetery. Closest station: West Hampstead, then walk north on West End Lane/Fortune Green Road or take the 328 bus, turn left into Fortune Green and take central path towards cemetery, turn first left onto the roundabout punctuated by the chapel monument. Alternatively enter main HC entrance on left further up FG Road and walk straight down (NW6 1DR).

Kilburn Grange Park: Closest stations: Brondesbury on the Overground and Kilburn on the Jubilee Line. From the station, take a right down Kilburn High Road. The Park entrance is on your left, just before the Black Lion pub (NW6 2BY).

Regent's Park, Iron Works, Inner Circle: From Baker Street station enter Regent's Park until the Inner Circle, follow this anticlockwise for a few hundred metres past York Works gate on your right. From Camden Town station walk down Gloucester Gate towards Regent's Park, turn left onto Outer Circle, right onto Chester Road and then turn left, walking clockwise on the Inner Circle until the Iron Works gate a few hundred metres on your left (NW1 4NR).

Spedan Close : Meet at Hampstead underground station. The conservation area is a short walk form the station off Branch Hill (NW3 7XL).

Swiss Cottage Community Orchard: From Swiss Cottage underground station walk past Swiss Cottage Leisure Centre to Winchester Road. Turn right, cross the road and meet at Taplow estate on the corner of 79 Adelaide Road (NW3 3NU).

Waterlow Park: Exit Archway Underground Station and turn left up Highgate Hill. Turn second left Magdalena Avenue, and up right to second entrance to park. Alternatively, take bus 271, 143, or 210. Exit bus at Highgate Hill stop, turn left onto Dartmouth Park Hill, heading downhill to the South. Take the second entrance on the right into Waterlow Park and meet by the Lodge (N19 5JF).

West Hampstead Green Gym - Independent Green Gym led by volunteers—Contact: westhampsteadgg@gmail.com 07740 899 689

Westbere Copse LNR: Exit Kilburn Underground Station onto Shoot-up Hill. After approx. 5-10mins walk take a right onto Minster Road and find the LNR on the corner of Westbere Road and Minster Road. Go down the steps and meet inside the enclosed area on your left (NW2 3RD) .

Jane Evans Nature Reserve (formerly Minster Road): Exit Kilburn Underground Station onto Shoot-up Hill. After approx. 5-10mins walk take a right onto Minster Road and meet inside the green space on your right before crossing the railway, just after #21 Minster Road (NW2 3SE)

Mill Lane Open space: Meet on site. Closest stations: West Hampstead, and then walk North or take bus 328 along West End Lane until Mill Lane. Walk down Mill Lane and the site is very soon on your left (NW6 1TB).

Sunnyside Green Gym – Independent Green Gym (Former Islington Green Gym, led by Sunnyside Volunteers) Contact: sunnysidecommunitygardencentre@gmail.com — Meeting point: Sunnyside Community Gardens, Hazelville Road, Islington. Walking from Archway Station, head south-east along St John's Way; the community garden is on Hazelville Rd opposite the junction of St John way and Hazelville Rd (N19 3LX).

Oasis Garden Green Gym)- Independent Green Gym led by volunteers - For additional sessions please contact the group.

Contact: oasisgreengym@gmail.com or www.facebook.com/oasisgreengymgardening

Meeting point is in the Oasis Garden which is located by the pool, within the Oasis Sports Centre, 32 Endell St, Holborn (WC2H 9AG).

Belsize Green Gym (BGG—formerly Belsize and Adelaide Green Gym, BAGG) - Independent Green Gym led by volunteers - Contact: belsizeadelaidegg@gmail.com or 07989 231 506

Belsize Wood & Belsize Sensory Garden: Meet at Belsize Sensory Garden, behind Belsize Park Tube station. Exiting the station, take a double right. Access is through the blue gate in the corner on your right before you get to the Globe Tennis Club.

Find the updated programme on <http://www.tcv.org.uk/camden>

WE PROVIDE all tools, PPE and refreshments.

PLEASE WEAR old clothes and sturdy boots.

UPDATE Tetanus inoculation.

ALL WELCOME

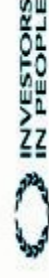
Note Under 18's need to bring our completed parent/guardian consent form (please contact us in advance).

Under 16's need to be accompanied by a responsible adult..



The Community Volunteering Charity

The Conservation Volunteers is registered in England as a company limited by guarantee (976410) and as a charity in England (261009) and Scotland (SC039302)
 Registered Office: Sedum House, Mallard Way, Doncaster DN4 8DB



9-10-20