



in Camden

April 2019

Join in, Feel good

Please see reverse for details of meeting points and directions to sites. The different Green Gyms are colour coded.



Dates	Times	Park/Site	Activity	Green Gym
Mon 01 April	10:45am-2pm	Sunnyside Community Garden	Community Garden	Islington
Tue 02 April	10:45am-2pm	Hampstead Cemetery	Habitat Management	Camden
Thur 04 April	10:45am-2pm	Holly Lodge	Tree Planting & Resident Garden Development	Camden
Fri 05 April	10:45am-2pm	Westbere Copse	Woodland Management	West Hampstead
Sat 06 April	10:30am-1:30pm	Oasis Garden	VEGETABLE SEED SOWING WORKSHOP	OASIS
Mon 08 April	10:45am-2pm	Sunnyside Community Garden	Community Garden	Islington
Tues 09 April	10:45am-2pm	Waterlow Park	Habitat Management	Camden
Thur 11 April	10:45am-2pm	Spedan Close	WOODLAND FLORA AND FAUNA SURVEY	Camden
Fri 12 April	10:45am-2pm	Westbere Copse	Woodland Mangement	West Hampstead
Sun 14 April	11am-2pm	Belsize Senory Garden & Wood	Woodland Habitat Management	Belsize
Mon 15 April	10:45am-2pm	Sunnyside Community Garden	Community Garden	Islington
Tues 16 April	10:45am-2pm	Chalton & Levita House, Somers Town	Community Food Growing Garden, Wildflower Meadow	Camden
Thur 18 April	10:45am-2pm	St Martin's Gardens	Habitat Management	Camden
Fri 19 April	10:45am-2pm	BANK HOLIDAY	No session today	West Hampstead
Sun 21 April	10:45am-2pm	Belsize Sensory Garden & Wood	Woodland Habitat Management	Belsize
Mon 22 April	10:45am-2pm	BANK HOLIDAY	No session today	Islington
Tues 23 April	10:45am-2pm	Waterlow Park	WILDLIFE HABITAT WORKSHOP	Camden
Thurs 25 April	10:45am-2pm	Regent's Park	Habitat Management	Camden
Fri 26 April	10:45am-2pm	Jane Evans NR	Orchard Management	West Hampstead
Mon 29 April	10:45am-2pm	Sunnyside Community Garden	Community Garden	Islington
Tues 30 April	10:45am-2pm	Lauriston Lodge Garden	Sheltered Housing Garden	Camden



Directions and details

If you know someone who would be interested in the Green Gym, please spread the word!

Camden Green Gym (led by TCV) - Contact: gg-camden@tcv.org.uk - 07768 710 359 or 07768 421 881

Chalton House, Somers Town: Exit London Euston Station and go to Euston Road where you turn left and take the third left onto Chalton Street. Carry on down Chalton street and meet opposite Chalton Gallery (NW1 1HJ). **Hampstead Cemetery:** Meet on site, by the monument in the middle of the Cemetery. Closest stations: West Hampstead, and then walk North or take bus 328 along West End Lane that becomes Fortune Green Road, pass Tesco and the entrance is on your left before meeting Finchley Road. Walk down the main drive until you get to the roundabout punctuated by a monument, chapel, which is our meeting point (NW6 1DR). **Holly Lodge:** From Archway Underground Station turn left up Highgate Hill, then second left Magdalena Avenue, follow to end of road and turn right on Dartmouth Park Hill. Continue up hill and take the second entrance to park. Alternatively, take bus 271, 143, 210. Exit bus at Waterlow Park/Lauderdale house stop (bus stop HS), turn left onto Dartmouth Park Hill, heading downhill to the South. Take the second entrance on the right into Waterlow Park and meet by the Lodge (N19 5JF). We work at a few different areas in Holly Lodge (N6 6PJ). **Lauriston Lodge Garden:** Closest stations: West Hampstead Thameslink, Rail & Underground, Kilburn Underground. From Kilburn, cross Shoot-Up Hill onto Maygrove Road, turn left onto Barlow Road and meet at Lauriston Lodge on the left. From West Hampstead, turn onto Iverson Road, first right onto Maygrove Road, turn right onto Barlow Road. **Regent's Park:** Meet at The Hub - Exit Baker Street Station and enter Regent's Park (north up Baker Street). Head towards the Inner Circle and follow it round to the left, turning left at the Open Air Theatre onto Longbridge. At the fork take the path forward right to the meeting point at The Hub, which is raised circular café by the pitches (NW1 4RU). **St Martins Gardens:** Exit Camden Tube station, head south down Camden High Street, left onto Pratt Street, then take a left into the gardens., meeting the entrance off Pratt Street (NW1 0DX). **Spedan Close:** Meet at Hampstead underground station. The conservation area is a short walk form the station off Branch Hill (NW3 7XL). **Waterlow Park:** Exit Archway Underground Station and turn left up Highgate Hill. Turn second left Magdalena Avenue, and up right to second entrance to park. Alternatively, take bus 271, 143, or 210. Exit bus at Highgate Hill stop, turn left onto Dartmouth Park Hill, heading downhill to the South. Take the second entrance on the right into Waterlow Park and meet by the Lodge (N19 5JF).

West Hampstead Green Gym - Independent Green Gym led by volunteers—Contact: westhampsteadgg@gmail.com 07740 899 689

Westbere Copse LNR: Exit Kilburn Underground Station onto Shoot-up Hill. After approx. 5-10mins walk take a right onto Minster Road and find the LNR on the corner of Westbere Road and Minster Road. Go down the steps and meet inside the enclosed area on your left (NW2 3RD) .

Jane Evans Nature Reserve (formerly Minster Road): Exit Kilburn Underground Station onto Shoot-up Hill. After approx. 5-10mins walk take a right onto Minster Road and meet inside the green space on your right before crossing the railway, just after #21 Minster Road (NW2 3SE)

Mill Lane Open space: Meet on site. Closest stations: West Hampstead, and then walk North or take bus 328 along West End Lane until Mill Lane. Walk down Mill Lane and the site is very soon on your left (NW6 1TB).

Sunnyside Green Gym (Former Islington Green Gym, led by TCV) Contact: gg-islington@tcv.org.uk 07768 421 881

Meeting point: Sunnyside Community Gardens, Hazelville Road, Islington. Walking from Archway Station, head south-east along St John's Way; the community garden is on Hazelville Rd opposite the junction of St John way and Hazelville Rd (N19 3LX).

Oasis Garden Green Gym)- Independent Green Gym led by volunteers - For additional sessions please contact the group.

Contact: oasisgreengym@gmail.com or www.facebook.com/oasisgreengymgardening

Meeting point is in the Oasis Garden which is located by the pool, within the Oasis Sports Centre, 32 Endell St, Holborn (WC2H 9AG).

Belsize Green Gym (BGG—formerly Belsize and Adelaide Green Gym, BAGG) - Independent Green Gym led by volunteers - Contact: belsizeadelaidegg@gmail.com or 07989 231 506

Belsize Wood & Belsize Sensory Garden: Meet at Belsize Sensory Garden, behind Belsize Park Tube station. Exiting the station, take a double right. Access is through the blue gate in the corner on your right before you get to the Globe Tennis Club.

The Community Volunteering Charity

The Conservation Volunteers is registered in England as a company limited by guarantee (976410) and as a charity in England (2610009) and Scotland (SC039302)
Registered Office: Sedum House, Mallard Way, Doncaster DN4 8DB



9-10-2023

Find the updated programme on <http://www.tcv.org.uk/camden>

WE PROVIDE all tools, PPE and refreshments.

PLEASE WEAR old clothes suitable for the weather and sturdy boots.

UPDATE Tetanus inoculation.

ALL ARE WELCOME

NO EXPERIENCE NECESSARY

NOTE—Under 18's need to bring our completed parent/guardian consent form (please contact us in advance).

Under 16's need to be accompanied by a responsible adult.

