Think Global Act Local Third Ago Project—Solected Events during MAY 2019 Think Global Act Local

Think Global Act Local Third Age Project—Selected Events during MAY 2018 Think Global Act Local					
Acc PRODUCT	30th April to 4th May 2018	7th May to 11th May 2018	14th May to 18th May 2018	21st May to 25th May 2018	28th May to 1st June 2018
Monday	30th 10.am—12.00 noon Crafts 11 12 Knit for Well-Being Boccia Gold 1.30—4.pm Diorama Arts	7th BANK HOLIDAY	14th 10.am—12.00 Crafts 11 12 Knit for Well-Being Boccia Gold 1.30—4.pm Diorama Arts	21st 10.am—12.00 Crafts 11 12 Knit for Well-Being Gold 1.30—4.pm Socia Diorama Arts	28th HALF TERM WEEK BANK HOLIDAY
	1 .30—3pm SALSA Diorama Arts 2-4 pm Creative Writing Crypt	sorry we are closed	1 .30—3pm SALSA Diorama Arts 2-4 pm Creative Writing Crypt	1 .30—3pm SALSA Diorama Arts 2-4 pm Creative Writing Crypt	sorry we are closed
	1st 11–12.30 Men's Walking Football 10–12 noon Crafts with Zoe	8th 11–12.30 Men's Walking Football 10–12 noon Crafts with Zoe	15th 11–12.30 Men's Walking Football 10–12 noon Crafts with Zoe	22nd ₁₁ -12.30 Men's Walking Football 10-12 noon Crafts with Zoe	29th11—12.30 Men's Walking Football
	12.00 —1pm Chair-based Exercise	12.00 —1pm Chair-based Exercise	12.00—1 pm Chair-based Exercise	12.00—1 pm Chair-based Exercise	12.00—1 pm Chair-based Exercise
Tuesday	1—2 pm community cafe	1-2 pm community cafe	1 pm community cafe	1 pm community cafe	1 pm community cafe
	2-4 pm English Club Sewing Group	2-4 pm English Club Sewing Group	PAMPERING 1.30-4.30 pm	2-4 pm English Club Sewing Group	Quiz & Games Afternoon 2 -4 pm)
	At the Crypt Centre	At the Crypt Centre	1.30 1.30 pm	At the Crypt Centre	
	60+ Health Club + Men's Shed	9th 60+ Health Club + Men's Shed POWER OF ATTORNEY	60+ Health Club + Men's Shed	60+ Health Club + Men's Shed	30th BUMPER
Wednes day	BINGO CLUB 2.30-4.30 pm New members welcome!	BINGO CLUB 2.30-4.30 pm	BINGO CLUB 2.30-4.30 pm	BINGO CLUB 2.30-4.30 pm	BINGO 2.30-4.00 pm
	At the Crypt Centre 3rd Women's Health Walks	At the Crypt Centre 10th Women's Health Walks	At the Crypt Centre 17th Women's Health Walks	At the Crypt Centre 24th Women's Health Walks	At the Crypt Centre 31st Women's Health Walks
	11 am—1pm Third Age Drama	LOST & FOUND Exciting new creative project	11 am—1pm Third Age Drama	11 am—1pm Third Age Drama	Canal Walk to Granary Sq
Thursday	2 pm Third Age Cinema LA LA LAND	2 pm Third Age Cinema PADDINGTON 2	2 pm Third Age Cinema WAR PLANET OF THE APES	KEW GARDENS See the refurbished glass house Advance booking essential	2 pm Third Age Cinema 3 BIIIboards
Friday	4th 10—11.30 am Tai Chi 12.—2 pm Yoga for Good Health	11th 10—11.30 am Tai Chi 12.—2 pm Yoga for Good Health	18th 10—11.30 am Tai Chi 12.—2 pm Yoga for Good Health	25th 10—11.30 am Tai Chi 12.—2 pm Yoga for Good Health	1st Men's Club
	2-4 pm Country dancing DAC	2-4 pm Country dancing DAC	2-4 pm Country dancing DAC	2-4 pm Country dancing DAC	1.30-4.30pm
	Men's Club 1.30-4.30pm at Crypt	Men's Club 1.30-4.30pm at Crypt	Men's Club 1.30-4.30pm at Crypt	Men's Club 1.30-4.30pm at Crypt	at Crypt

La La Land 2pm 3rd May

2pm Thurs 10th May War Planet of Apes

Paddington 2

2pm Thurs 17th May 3 Billboards

2pm Thurs 31st May

Royal Parks & TAP

Exhibition, talk **Afternoon Tea**

> Friday 11th May

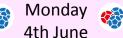


2-4 pm

marquee

Borough-Wide League

Boccia Tournament





1.30-4.30 pm

Diorama Arts Centre

Kew/ TAP London Walks

Kew **Gardens**

To see newly refurbished glasshouse

> Thursday 24th May

Advance booking essential

TAP London Walks

Canal Walk to Granary Square



Thurs 31st May

1pm leaving from Crypt

Celebrate your birthday with friends & members

Monthly **Birthday Bash**



Thursday 24th May 1 pm

Crypt Centre

Men's Shed Wednesdays

10 am—12 noon (not Wednesday 30th May)

Pool, table tennis, social space, exercise & gym, health talks

> Samuel Lithgow Youth Centre

TAP/Cumberland Market RA

Bumper Bingo



2-4 pm Monday 14th May

Steve Smith Hall

Men's **Walking Football** with Shaun Taylor 11 am -12.30 pm



Samuel Lithgow Youth Centre

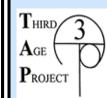




Third Age Project, Crypt Centre, Munster Square, London NW1 3PL Phone: 020 7383 4922

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Charity No. 1108521 Company No. 04715685



Third Age Project

Shortlisted for Guardian Charity Awards 2016



May 2018

London Creativity & Well-Being Week 2018





Third Age Drama presents its new show



2 pm Thursday 7th June

New Diorama Theatre

Hodge, Jones & Allen



Lasting Power of Attorney

12 noon Wed 9th May 2018

Samuel Lithgow Youth Centre

Coach Trip to the Seaside

Ramsgate





Third Age Project & Liminal Space

LOST & FOUND

An exciting new creative project

11 am-1 pm Thursday 10th May 2018

Lunch at 1 pm

Crypt Centre



Coach Tour of Cotswolds Villages



Tuesday 15th May

9 am-7 pm



Free matinee show
WATCH With Lost Watch Theatre Free matinee show

Left My Desk

Including afternoon tea

* 2 pm Thursday 14th June 2018

All About Caring!

Tickets from Third Age Project



New Diorama Theatre



Crypt Centre, Munster Sq London NW1 3PL Phone: 020 7383 4922 www.thirdageproject.org.uk info@thirdageproject.org.uk

Membership only £10 per year must be 60+ and a Camden resident